

Plimmerton School

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Dear Parent/Carer,

Sexuality education is one of seven key areas of learning in the Health and Physical Education learning area of *The New Zealand Curriculum*. It is a requirement that it is taught as part of the Health and Physical Education programme.

In sexuality education students develop competencies for health and positive sexuality, build resilience, learn to demonstrate empathy, and develop skills that enhance personal relationships.

This year your child will be taught using the programme "*Navigating the Journey: Sexuality Education or Te Takahi i te ara: Whakaakoranga hōkakatanga*", developed by Family Planning. Below is the link to the pdf of the programme that we plan to teach, so you can look over what your child will be learning. We hope that you take the opportunity to have many supportive discussions at home about the concepts and understandings your child/children will be taught during Term 3.

In **Hongoeka Syndicate** (Year 5 / 6) the following topics will be covered:

- Establishing a Positive Learning Environment.
- Who am I? Or Ko wai au?
- Relationships
- Growing and Changing
- Staying Safe

You are welcome to contact your child's class teacher to discuss the programme. Further information about sexuality education and the New Zealand Curriculum can be found at the following links:

[Sexuality Education](#)

[Navigating the Journey: Sexuality Education](#) (You will need to download the PDF to view)

Kind regards,

Hongoeka Teachers