### Plimmerton School Newsletter - Week 5, Term 2, 2018



## From the Principal

Tēnā Koutou

### YEAR 7 AND 8 BASKETBALL TEAM

Our year 7 and 8 basketball team plays each Wednesday evening in the Porirua Schools League during terms 2 and 3. They show their commitment by training each Monday morning before school with their coach Tim Parkes. It is a mixed team and for many of the students it is their first time giving Basketball a go. One of them, Milla K, was noticed by the coach of the Wellington U13 girls team, and is now training with their squad! Well done Milla! We wish them all well for the rest of the season.





**FABULOUS FUNDRAISING** - We mentioned Lucas Renshaw last week and his great efforts at coordinating a Pink Ribbon Breakfast. Thanks to his efforts over \$1,000 was raised for the Breast Cancer Foundation! Thank you again for your generosity and contribution to others, Lucas.

WHEN YOUR CHILD IS SICK - We have a number of students and teachers away with winter illnesses at the moment. Please be considerate of the health of others and do not send unwell students to school. There are some tips for winter well-being in the Healthy Kids Corner. Please remember to let the office know either by email, telephone or our school app (see next item)

### **SCHOOL STREAM APP**

Have you downloaded and tried using our new app ?Many parents have already used it to let us know their child will be absent, that they have new contact details and to keep up with school events. link: <a href="https://www.schoolstream.com.au/download/">https://www.schoolstream.com.au/download/</a>

Here is a <u>link to instructions for downloading the app</u>. The app can be customised so that you can choose the level of information you receive and how can adjust your notifications within your device's setting. Existing communication channels will remain in place.

**VALUABLE ITEMS LOST OR TAKEN FROM SCHOOL -** Many students bring valuable items of clothing or property to school - winter jackets, scooters, bikes, devices... Inevitably some of these get misplaced or left overnight at school. Unfortunately, sometimes they are taken by others if 'found' in the playground. To help us reunite lost items with their owners please make sure that your child's clothes and gear are clearly named or marked for easy identification. If your child does lose something valuable, or turns up with a valuable item that they have either found or been "given by a friend", please help them take it to the office so we can help to return items to their owners.

Today's Roll – 492 Students

Ngā mihi Mike Forrest Tumuaki - Principal



# **YEAR 8 LEAVERS NEWS**

\*WE NEED YOU\* - Calling all Y8 parents who would like to be involved in the planning of the Y8 Leavers Dinner 2018! We are meeting on 25 June, and would love your ideas and input

just email Elaina <u>weinstein@actrix.co.nz</u>, or message us through the facebook page and we'll forward more details. <u>www.facebook.com/Plimmerton-Year-8-Leavers-2018-2279686992262984/</u>
See you on the 25th!

### **Y8 LEAVERS MOVIE NIGHT FUNDRAISER**

Thursday 7th June, Lighthouse Pauatahanui. Oceans 8 - It's Opening Night and will be an awesome movie!

### PLIMMERTON YEAR 8 LEAVERS DINNER FUNDRAISING SCREENING OF



LIGHT HOUSE PAUATAHANUI 3 PAEKAKARIKI HILL ROAD

THURSDAY 7TH JUNE AT 8.00PM ARRIVAL FROM 7PM FOR SUPPER & RAFFLES TICKETS \$22 INCL 1X RAFFLE TICKET AWESOME PRIZES TO BE WON

> For tickets, contact Elaina Weinstein 021 248 4664 or on our Facebook page www.facebook.com/Plimmerton-Year-8-Leavers-2018-2279686992262984/



# 10 Roti per pack for \$15 Year 8 Leaver's fundraising

Roti are made locally by Balesse's Kitchen Ltd in Porirua. Great for curries, soups, pizza bases. They can keep up to 2 weeks in fridge and 3 months in freezer. Preservative Free.

Please fill out the order form and email to Y8Leavers2018@gmail.com

Payment: Internet banking: Year 8 Fundraising 03-1395-0498476-000 Please reference Child's name - class – "ROTI"

Cash payments can be left at the office. Please remember order form and child's room number

Orders and payments must be in by 17 June at the latest.

Email:Phone:	
Phone:	
Total number of packs @ \$15 each:	Total cost:
Payment method: Cash Internet banked	



# **SCHOOL NEWS**





## **PTA NEWS**

### HAVE YOU HEARD ABOUT OUR POCKET-HAND-WARMERS - 2 FOR \$10!

Great for when you're watching your children's sport, go skiing or even just waiting at the station, or on the way to school.

Go and grab this bargain at the school office! (they're \$20 at Kathmandu)



# SPORTS NEWS

SENIOR NETBALL RESULTS – Saturday 26 May		Score	Player of the Day
Plimmerton Navy	Paremata Pulse	24-9	Rosa To'omaga
Plimmerton Dragons			
Plimmerton Pauas	Whitby Blue	3-5	Kira Merenheimo
Plimmerton Gold	Adventure Thunder	8-21	Poppy Warmington

JUNIOR NETBALL RESULTS – Saturday 26 May		Score	Player of the Day
Plimmerton Wildcats	Titahi Bay Black	5-6	Scarlett Hancock-Lamb
Plimmerton Pumas	Tawa Thunder	7-4	Anais Parker
Plimmerton Falcons		6-8	Tayla Rungsimuntoran & Vienna Story
Plimmerton Nightmares			
Plimmerton Phoenix	Discovery Ferns	Won 12-	Bella Kay
		6	

BASKETBALL RESULTS – Wednesday 30th May		Score	Player of the Day
Plimmerton	Samuel Marsden	26-7	

HOCKEY RESULTS – Saturday 26th May		Score	Player of the Day
Plimmerton Pumas			
Plimmerton Shortsticks			
Plimmerton Panthers	Plimmerton Sharks	2 - 4	
Plimmerton Sharks	Plimmerton Panthers	4 - 2	Katya W
Plimmerton Storm	Pauatahanui Hawkes	8 - 1	Lyla
Plimmerton			



### **HEALTHY KIDS CORNER**

### PREPARED FOR WINTER

Now our temperatures have dropped, healthy kids need to pay extra attention to stay warm and safe. Young children are less likely to recognise when they are cold and more likely to lose body heat quickly due to their smaller size. **Keep warm** Shivering actually supresses the immune system so dress appropriately for the conditions.

- Encourage dressing in **layers**: It will help keep them warm and dry outside. A good rule of thumb for young children is to dress them in one more layer of clothing than an adult would wear in the same conditions.
- Ensure your kids **have the right footwear** shoes or boots with rubber soles that have a raised pattern for a better grip.
- Gumboots are a great option for fun outside. Slippers or socks are cosy for inside the classroom.
- Wear a jacket or waterproof coat.
- If your child is sports mad or an outdoor mud adventurer (you know who they are), a **change of clothing** in their bag is really useful. Children feel more comfortable putting on their own clothes, easing their distress when the inevitable slip occurs.

When we catch the inevitable bugs that 'go round', Healthy Kids need to know how to take care of themselves. Here are some great tips to share with your children.

**Use Tissues** Cover your mouth and nose with a tissue when you cough or sneeze. Put your used tissue in the bin or in the toilet immediately after use. If you don't have a tissue, cough or sneeze into your upper sleeve or elbow, not your hands.

### Wash your hands regularly.

**Avoid huddling and heating** People are inside more and physically closer together during winter which makes it easier for infections to pass between people. Huddling together in the classroom at lunchtimes can actually make catching a cold more likely.

**Drink plenty** Water flushes toxins and any infections in our bodies.

Sleep soundly Get a good night's sleep to help our bodies to fight off infection.

**Healthy eating** Eat plenty of fresh fruit and vegetables or soups packed with vegetables to improve your body's resistance to bacterial and viral infections. Zinc and Vitamin C are a great cold-busting duo and garlic and echinacea help boost the immune system.

### Look after yourselves, Healthy Kids!





# **COMMUNITY**

### **AOTEA COLLEGE OPEN EVENING**

Aotea College Open Evening ~ Enrolments for 2019 3:30 to 5:00 pm and 6:00 to 7:30 pm

### **SPEECH AND DRAMA LESSONS**

Speech and Drama and Public Speaking lessons available in Camborne Contact New Zealand Speech Board Teacher Roz Baxter jonnyrozb@xtra.co.nz 0276939573



#### TAWA COLLEGE OPEN EVENING YEAR 9 STUDENTS **COMMENCING IN 2019**

Prospective students and their parents are warmly invited to an

#### INFORMATION EVENING

to be held on

### **THURSDAY 14 JUNE 2018**

Tawa College is open for self-guided tours from 4.00pm. The final tour will commence at 6pm. Visitors will be met by senior students and provided with tour information.

Presentations by the Principal in the school hall will begin at 5.00pm, 6.00pm and 7.00pm (half hour duration).

Visitors are encouraged to do both a tour and presentation.

No visitor parking is available on school grounds. Car parking is available in the student carpark on Duncan Street and at Tawa Intermediate School.

Information is available on: www.tawacollege.school.nz and e2learn.school.nz

Murray Lucas



### DancePointe Academy

We are thrilled to be opening a branch of DancePointe Academy in Plimmerton for Term 2. RAD ballet classes commence in Plimmerton on Saturday mornings for the ages of 5-9yrs. Beginners in this age group are welcome. Register for a free trial class to be held on Saturday 5<sup>th</sup> May. Contact Sharon dancepointenx@gmail.com www.dancepointe.co.nz

www.dancepointe.co.nz mobile 021-2151222



