



## Breaking News [Breaking News Click here....](#)



Taupo Senior B basketball team  
are the winner of their grade.  
Congratulations!

## From the Principal



**Kia Ora Koutou**

**FAIR PLAY SPORT** – I have recently received a number of reports of conflict incidents that have occurred at sporting events that involve Plimmerton School students. These incidents have unfortunately been between adults on the side lines, not the students. I would like to remind parents and supporters that participation in sport is primarily for pleasure. Our coaches, referees and officials are volunteers - they may not necessarily be an expert but they give their time and do their best so that children can participate in sport. Healthy competition is great, but the fate of the nation does not rest on the outcome of these events. Parents and supporters are reminded to respect referees and their decisions, encourage the players to play fair, and to support their team positively. SPARC, in conjunction with Sport New Zealand, has developed a Code of Conduct for administrators, coaches, officials, parents and players. The full version can be downloaded at [www.sportnz.org.nz/assets/Uploads/attachments/managing-sport/clubkit/Codes-of-Conduct.doc](http://www.sportnz.org.nz/assets/Uploads/attachments/managing-sport/clubkit/Codes-of-Conduct.doc).



## From the Principal continued.....

The "Parent" section of the code states: I will:

- encourage my child to play within the rules and respect officials' and coaches' decisions
- teach my child to respect the efforts of their opponents
- remember that children learn best by example so I will applaud good plays/performances by both my child's team and their opponents
- give positive comments that motivate and encourage continued effort
- support my child's efforts and performance
- thank the coaches, officials and other volunteers who give their time to conduct the event for my child
- help when asked by a coach or official
- respect the rights, dignity and worth of all people involved in the game, regardless of their gender, ability or cultural background.

**INTERACTION DAY/PARAPARAUMU SCHOOL FIRE** – Thank you to the families who have donated funds towards Paraparaumu School in the aftermath of their fire. Tomorrow we will be holding an Interaction Day with a fire safety theme. During the interaction day we will form a coin trail and create a banner in support of Paraparaumu School. Students are invited to bring coins to school to add to them to the trail. Please refer to the separate notice that was sent home yesterday. Thank you for your support.

**SCHOOL NETWORK UPGRADE** – The project to upgrade the school's network is nearly complete and the contractors are scheduled to cut-over to the new system this weekend. We are anticipating significantly improved connectivity and in particular we are looking forward to high quality/capacity wireless access. The network upgrade will mean that we will be able to connect multiple wireless devices at once and receive fast download/upload speeds. This increased capability means that we can significantly advance our e-learning strategy and staff have been working on developing this.

**Tena koutou katoa**

**Maurice Laird, Principal**



## Student Work

### HOW DID OWLS GET SUCH BIG EYES??

Once, a loooooong time ago owls had squinty eyes. How did their eyes grow big? You're probably wondering. Well it was hard to hunt for their food and you wouldn't believe it but they are really scared of the dark because all the shadows seem to look like hungry foxes (and just so you know owls do not like foxes).

One stormy night a little owl was born and he was so brave that he was not afraid of shadows (and that is pretty brave for an owl) but one night the little owl decided to go for a walk in the forest. Suddenly he bumped into a shadow, but how do you bump into a shadow? Well this wasn't exactly a shadow it was a very hungry owl-eating shadow that was a fox looking for his dinner. But before you could say bumble bees the little owl had disappeared into the foxes tummy.

After a week the news had spread all around that if you don't open your eyes then you could be dinner.

So all the owls decided to open their eyes and not die of hunger or from foxes and now all the owls in the world are living a happy life.

**by Millie and Tui Rm23**

When Athena made the first owl she gave it wings to fly, a beak to eat and catch prey and vicious claws to hunt at night but Athena looked past what the owl needed most... eyes to see. The owl started to starve because she stumbled in the dark without eyes. She learnt to, gradually, see without eyes, but see with her ears and nose. Minerva was the best night time predator the world had ever seen. But Athena realised too late what her sacred animal was missing. When Athena finally gave Minerva her eyes, Minerva saw her eyes as a curse - she had no need for them. Minerva started seeing too much, she saw the horrors of the daytime. Minerva started waking up at night, when she couldn't see what had happened. Minerva opened her eyes wider and wider each day, so she could be more and more aware of what was happening. When Athena gave Minerva a husband, children and a family, she taught them about being cautious and careful of the daytime. And that is why owls have such big eyes.

**By Rylee and Stella Rm23**

### THE STORY OF ECHO

A long time ago, there lived a small, petite girl called Coco. She loved to gossip, talk and spread rumours and was a very social girl; but her chatty ways lost more friends than she earned them.

Coco was as inquisitive and curious as she was nosy, so when she heard a loud noise at night, Coco snuck out of bed and into the dark. There she saw a tall, beautiful woman whispering into an equally beautiful man's ear. Coco was so surprised she gasped, and the woman turned around.

"You!" She snarled, her blue eyes looking fiery in the moonlight, "You thief! Spy! Burglar!" Coco tried to run, but her legs simply wobbled uncertainly.

"I know you," said the woman tiredly, her anger slowly fading. "You will tell your friends what you've seen, won't you?" Pondered the woman. "That simply won't do." And with that, she pointed a long red nail at Coco's open mouth, and in flew a tiny faerie.

"There," said the woman, and slowly, Coco repeated, "there."

The woman raised her long red nail once more, and Coco sadly left the forest.

The next morning, Coco did try to tell her friends what had happened, but no words came out. "You're crazy!" Said her friends, and Coco had to say, "crazy" right back. And from then on, Coco was called Echo.

**By Stella Rm 23**



## Notices



**YOU CAN STILL BE INVOLVED IN THE QUIZ NIGHT:** If you missed out on a table at the hugely popular quiz night (on Friday August 29) there's still a chance to join the fun. Helpers are needed and this is a fun way to still be part of the event - without all the pressure of competing! We are after help setting up the hall from 12pm onwards, even if you can just do an hour. Also on the evening we need markers, raffle sellers and table waiters! If you can help in any way please email [aaronandsarah@mac.com](mailto:aaronandsarah@mac.com)

**PARENT HELP:** We are looking for parents, caregivers or grandparents who are willing to assist at school as a Reading Tutor. This entails one hour a week at your convenience. You do not need to be an expert as full training will be given. We would love to have as many of you to assist as possible and look forward to hearing from you. Please contact Helen Grindey-Sirman on 233 8677 or [heleng@plimmerton.school.nz](mailto:heleng@plimmerton.school.nz)

Do you have loads of **SUPERMARKET BAGS** that you don't need?

Please drop them off to the Technology Centre.

Thank you!

A big thanks from the Cross Country Nationals team for all your support to date. The Gold Coin Trail raised \$279.30 and the winners of the two signed rugby balls were - Riley Dixon and Quinn Krishnan. Congratulations to you both and thanks to Julia Ham for donating these balls.

**Ice blocks are for sale for three more Wednesdays.**



## Sports Results

### NETBALL RESULTS – Saturday 16 August

<b>Junior Teams</b>	Plimmerton Mystics	10	Plimmerton Pulse	14
	Plimmerton Magic	5	Hampton Hill Cheetahs	9
	Plimmerton Tactix		Holy Family School Topaz	
	Plimmerton Steel	3	Redwood Chillis	6

### BASKETBALL RESULTS – Wednesday 20 August Division 3 Final

Plimmerton 2	28	v	Adventure 2	27
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**UNDERWATER HOCKEY – Plimmerton Sharks won the Silver Medal – congratulations!**

### NETBALL RESULTS – Saturday 16 August

<b>Senior Teams</b>	Plimmerton Navy	43	Paremata Flames	5
	Plimmerton White	14	Plimmerton Black	8
	Plimmerton Red	8	Tawa Int All Stars	18
	Plimmerton Green	6	Natone Park	19

### HOCKEY RESULTS

**Date: Saturday 16 August**

<b>Year 1-2 Grade</b>	<b>Against</b>	<b>Results</b>
Plimmerton Blue	St Pius Hobbits	6/0
<b>Year 3-4 Grass Grade</b>	<b>Against</b>	
Plimmerton Green	Holy Family	1/4
Plimmerton Orange	Hampton Hill Sharks	2/0
<b>Year 5-6 Grass Grade</b>	<b>Against</b>	
Plimmerton Yellow	Titahi Bay Terminators	6/1
Plimmerton Black	Linden	3/3



## Board of Trustees

The **Board of Trustees** meeting was held Wednesday 6 August at 7.30 pm in the Library. For more information about the Board of Trustees [click here](#)

## PTA

- **TEA TOWELS** - The PTA ordered some extra Plimmerton Tea Towels which are available from the school office \$12 for one or \$20 for two - cash/cheque to PTA only.
- **ENTERTAINMENT BOOKS ARE STILL AVAILABLE AT THE OFFICE.**
- **TO SEE ALL PTA ACTIVITIES** please visit the PTA page on the school website [click here...](#)
- **SAUSAGE SIZZLES:** Friday 22 August, Friday 12 September. \$1.50 a sausage, \$1.50 a drink
- **YOU CAN STILL BE INVOLVED IN THE QUIZ NIGHT:** If you missed out on a table at the hugely popular quiz night (on Friday August 29) there's still a chance to join the fun. Helpers are needed and this is a fun way to still be part of the event - without all the pressure of competing! We are after help setting up the hall from 12pm onwards, even if you can just do an hour. Also on the evening we need markers, raffle sellers and table waiters! If you can help in any way please email [aaronandsarah@mac.com](mailto:aaronandsarah@mac.com)

## Green Scene

This week we talked about keeping our plants safe by keeping off the banks. We introduced our new worms to our hungry worm bin. We have a mix of red and tiger worms. We are keen to collect their castings to sell at the gala.

We lined the new raised beds with matting in preparation for the soil delivery tomorrow. These will be planted out shortly.

Our social skill for the next two weeks is sustainability based and is called Let's pamper our plants.

Regards Adi and the Green Team

## Healthy Kids Corner

### HOW TO GET IRON INTO YOUR DIET

Getting enough iron into your diet is important for good health. The best way is to include red meat, chicken, fish or seafood. These foods provide haem iron which is easily absorbed and used.

For vegetarians it is eating beans, lentils and tofu alongside foods containing Vitamin C. The vitamin C will increase the absorption of non-haem iron.

For example:

- Sardines (provide haem iron) on grainy toast (provides non-haem iron) Add citrus fruit (orange or grapefruit) - this will increase the absorption for both haem and non-haem iron
- Sausages with peas, corn and gravy – haem iron in sausages and non-haem from peas - absorption is enhanced by Vitamin C in peas and corn



## Social Skills, Term 3, Week 5 and 6

### “LET’S PAMPER OUR PLANTS”

**Key competencies:** Managing self, participating and contributing, thinking.

**Connecting behaviours:** Listening, supporting, encouraging, respecting, accepting

**Basic need:** Belonging, shelter/survival.

**Values:** Commitment, respect, passion, sustainability.

LOOKS LIKE	SOUNDS LIKE
<ul style="list-style-type: none"> <li>• Staying off the banks.</li> <li>• Using our pathways.</li> <li>• Noticing when the field is closed and observing what the signs mean.</li> <li>• Walking around gardens and not through them.</li> <li>• Caring for trees and not climbing them.</li> <li>• Using the steps to go to and from the field.</li> <li>• Remembering that if every person in the school pulls a leaf off a tree in one day that tree loses 500 leaves.</li> <li>• Setting up our ball games so that balls do not land in the gardens.</li> <li>• Using our playground equipment to swing from and not our trees.</li> <li>• Digging in the sandpit and not into banks or around our trees and plants.</li> <li>• Keeping our plants free of litter by using our rubbish bins.</li> <li>• Watering and feeding our plants when they need it.</li> <li>• Taking pride in our school.</li> </ul>	<ul style="list-style-type: none"> <li>• “I used to love playing on the bank, but I want us to have big trees too, so I’m staying off for now.”</li> <li>• “Fields closed, let’s play on the court.”</li> <li>• “Stay on the path.”</li> <li>• “Look how the branches have broken on that tree from people climbing it.”</li> <li>• “Let’s have a race to see who can get up the steps the fastest.”</li> <li>• “It is okay to pick flowers off our plants at home if our parents say so, but not at school.”</li> <li>• “Let’s just move our game over this way a bit so the balls don’t go into the garden.”</li> <li>• “I’ve brought my cars to school today. Shall we make a road in the sandpit?”</li> <li>• “Let’s pick up that rubbish, it is tangling round that little shrub we have just planted.”</li> <li>• “My shrub looks a bit wilted. I need to water it.”</li> </ul>



## Community

### KIDS CROSS COUNTRY SERIES

The next Kids Cross Country Series event for year 1 to year 8 students is on Sunday 31 August at Grenada North Park, Tawa. Get a few friends together and form a team. Team and individual awards. Children get their own personalised race bib if they enter 7 days prior to each event. You don't need to be a club member to take part. Everyone is welcome. For more information or to enter go to [www.athleticshub.co.nz](http://www.athleticshub.co.nz) or email [jo@athleticswellington.org.nz](mailto:jo@athleticswellington.org.nz) or phone 021 976116.

**TRAFFIC SAFETY** – The driveway barrier is closed on school days from 8:30am–4:00pm and vehicles are restricted to the lower car park. Vehicles are able to come up the drive at other times but great care must be taken when using a motor vehicle in the school grounds. The speed limit of 10 kmph must be strictly observed at all times. Our Traffic Safety Procedures are published on the school's website under "Our School/ Policies and Procedures/Health and Safety/Selected Health and Safety Procedures". Parents and others who bring vehicles into the school grounds are asked to read and comply with the procedures.

### SPRINGHILL ACADEMY OF DANCE ...

Your local dance studio - two studios available - Main studio: 91 Muri Road Pukerua Bay and Plimmerton School Hall (Wednesdays and Thursdays)  
For more info contact Bronwen Taylor on 2399916/021744928 or visit [www.springhilldance.co.nz](http://www.springhilldance.co.nz) or email [springhillgardens@xtra.co.nz](mailto:springhillgardens@xtra.co.nz)

**PLIMMERTON TENNIS CLUB** - Junior Interclub Registration - new and existing players if you are interested in playing interclub tennis this season, please contact Tracey Dyer at [pendennis2@hotmail.co.nz](mailto:pendennis2@hotmail.co.nz) or 021 2424301 or 233 8073.



## Community

Do you want to **Play More Football**? Read on, you'll find the answer!!

SportZone is a football company based in Wellington that has been providing plenty of football opportunities to kids all ages, adults as well, for the last 15 years. Our main focus is to provide the people with the chance to Play More Football.

We've got a massive range of programs that suit absolutely anyone who wants to join and have fun playing the most popular sport in the world! From our Little Dribblers Football Club, where kids aged 0 (!) to 7 have games and fun on the weekends, to Twilight Summer Football, a 5 a side league for adults, you will always find what you are looking for.

And now we are keen to introduce our newest SportZone program, **Football+**, a program that provides all kids aged 4 to 10 the perfect training program to improve their ball skills, life skills, team skills and have fun playing and learning about Football. Our **Football+** sessions consist of a weekly one hour program run after school starting at 3:30 pm. The program will soon be available at these locations. Johnsonville, Petone, Karori, Trentham and Central Wellington confirmed, and Miramar and/or Happy Valley happening depending on numbers.

We also have the **After School Football** Program, which is an organized tournament each week running for an hour. The venues for this program are also around the region, with plenty of options, and during this one hour session, we will help the kids organise teams and play plenty of games.

At both programs there will be a maximum of 10 kids per coach, which makes the sessions quite personalized and a lot more fun.

Our Grand Opening Offer for this season's Football+ program is being planned to happen at a couple of schools, and the **First Session is FREE!** NO sign up required just come down and play but you will need to let us know you're coming.

If they are interested in the program, they can get more info [HERE](#) and get ready for that opening, where they can meet us and get their questions answered!

For more information on any of the other programs, please visit our webpage, you'll find relevant stuff about a lot of **Football Opportunities!** Check it out [HERE!](#) Alternatively, visit us at our [FACEBOOK](#) Page.

### Fun Quiz Night at Aotea College

A fun quiz night is being held on Friday 12 Sept at 7.30pm in the College Library. Tickets are \$10 and funds go towards the new school van. It's a BYO evening and there will be raffles etc. Get a team together (6-8 people). All welcome. Tickets can be purchased from the College office. For more info contact Heather 027 4443786.